HeartPaths Spirituality Centre



Oklahoma City

*offering*

## Certificate Programs

**in Spiritual Formation Group Leadership**

and **Spiritual Direction**

 **New Classes Form Each Fall !**

**Program Overview**

Since 1982 HeartPaths has been training Spiritual Directors in Oklahoma and this training is now beginning its tenth year in Dallas/Fort Worth.

**HeartPaths OKC** is open to a limited number of participants who sense a gift and calling to spiritual formation and/or spiritual direction ministry, who desire a personal spiritual discipline and who want to learn to deepen their skills and sensitivities. Participants include both laity and ministry professionals who wish to learn in an ecumenical environment through the Christian story and its symbols. Participants must be willing to honor all human experience as having a place in God’s revelation and be interested in a contemplative, life-affirming approach to spirituality.

The program is designed to have three phases. Ongoing discernment is part of the experience each year. The first year deepens personal spiritual formation and group facilitating skills and leads to a *Certificate in Spiritual Formation Group Leadership*. Those who discern a calling to continue will complete the second year Spiritual Exercises of Ignatius and the third year Practicum in Spiritual Direction. Completion of all three years leads to a *Certificate in Spiritual Direction*.

Faculty

### Bob Gardenhire III, Founding Director of HeartPaths, is an experienced spiritual director, ordained United Methodist minister, and licensed therapist (inactive).

**Curt Gruel**, a Presbyterian, is a HeartPaths graduate who joined the faculty in 2003. He is now the Associate Director after being the Acting Director from 2012-2016.

**Jan Gruel,** a Presbyterian, is a HeartPaths graduate who joined the faculty in 2013.

**Sue Anne Lively,** an Adult Learning Professor at Southern Nazarene University, is a HeartPaths graduate who joined the faculty in 2014.

**Bobbie Roe**, a United Methodist,is a HeartPaths graduate who joined the faculty in 2008. She directed Broken Bread, a retreat center near Breckenridge, CO for eleven years.

**Katrina McBride**, a United Methodist,is a HeartPaths graduate who joined the faculty in 2000. She is also Facilitator of the Listening Circles for the Academy of Spiritual Formation.

Program

**YEAR ONE**

**Spiritual Formation (Contemplative Prayer and Meditation)**

* Weekly group sessions
* Individual spiritual direction (one hour a month)
* Reading and group discussion
* A closing project – designing a spiritual retreat
* Tuition: $585.00 ($65.00/month) plus books

**YEAR TWO**

**Ignatian Exercises: Retreat In Daily Life**

* Weekly group meetings
* At home prayer exercises six days per week
* Individual spiritual direction (one hour a month)
* Tuition: $585.00 ($65.00/month) plus books

**YEAR THREE**

**Practicum in Spiritual Direction**

* Weekly group sessions
* Individual spiritual direction (one hour a month)
* Supervision of work with directees
* Practicum project
* Tuition: $780.00 ($65.00/month) plus books

(Scholarship help is available, if needed.)

**CLASS LOCATION**

**St. Luke’s UMC**

**222 N.W. 15th**

**Oklahoma City, OK 73103**

 **For further information contact**

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**Applications available**

[www.heartpathsokc.com](http://www.heartpathsokc.com)